



MUSIC THERAPY

at Pioneer

Kris Ramsey MT-BC, Molly Dickson, Josh Houston

What is Music Therapy?

Music Therapy is the clinical and evidenced-based use of music interventions to accomplish individualized goals within a therapeutic relationship by a credentialed professional who has completed an approved music therapy program. Music Therapy is a well-established allied health profession similar to occupational therapy and physical therapy. It consists of using music therapeutically to address physical, psychological, cognitive, behavioral and/or social functioning. With young children, music therapy provides a unique variety of music experiences in an intentional and developmentally appropriate manner to effect changes in a child's behavior and facilitate development of his/her communication, social/emotional, sensorimotor, and/or cognitive skills.

Intern Spotlight: Molly

Molly Dickson is from Circleville, Ohio where she graduated from Logan Elm High School in 2013. She graduated from the University of Dayton as a Bachelor of Music in music therapy. During her time there, she studied classical guitar as well as voice, piano, and percussion. She has also worked at the Pickaway County YMCA and Dayton Children's Hospital. After completing her internship, she plans to take the board certification exam to become a board-certified music therapist.

Intern Spotlight: Josh

Originally from Massillon, Ohio, Josh Houston attended the University of Dayton where he graduated with a major in music therapy, a minor in psychology, and continued classical voice training for his seventh year. While in college, Josh was involved in five ensembles, Remedy A Cappella, and numerous stage productions. Beyond the music department, Josh was kept busy by his job as a Resident Assistant as well as his involvement in a fraternity on campus. Josh currently lives just outside of Chillicothe, Ohio.

October: Music Therapy Month

October is Music Therapy Month in Ohio, sponsored by the AOMT (Association for Ohio Music Therapists)! The mission of the AOMT is to provide educational and networking opportunities to enrich the field of music therapy, advocate for the profession, and promote the exchange of ideas to assist music therapists and other related professionals in better meeting the needs of their clients.

How does Ohio compare to the rest of the United States? There are currently 14 National Roster Music Therapy Internships in Ohio, the most of any state in the region and 4th national. Ohio also boasts the 4th highest number of board certified music therapists in the U.S.

For more information, visit www.AOMT.org or www.musictherapy.org.

About the Editor

Kristyne R. Ramsey is a Board Certified Music Therapist who has a degree in music therapy from Baldwin-Wallace College and The Cleveland Music Therapy Consortium. She completed her music therapy internship at Fairfield Developmental Center in Cincinnati, Ohio. After becoming registered with the National Association for Music Therapy and Board Certified, she contracted with a variety of agencies in Canton, Ohio, including nursing homes, hospitals and DD programs. In 1990, Kristyne moved to Chillicothe, Ohio where she established a music therapy program for Pickaway County Board of DD at Brooks-Yates Center. Throughout the past 27 years she has established music therapy programs for Head Start in Pickaway and Ross Counties, Ross County Easter Seals, and private music therapy for several children with autism. Presently she is the full time music therapist with Ross County Board of DD at the Pioneer Center. In 2011 Kristyne developed an affiliated music therapy internship program with Baldwin-Wallace University and in 2012 her internship became Nationally Rostered through the American Music Therapy Association and is quickly becoming the most sought out internship in the country. In August 2017 Kristyne completed her training in Neurologic Music Therapy. She has presented workshops and in-services at numerous agencies and professional conferences.

“What you do makes a difference, and you have to decide what kind of difference you want to make.” - Jane Goodall